

Please be aware of the following junior preliminary skills evaluation are effective from 1st June 2023

**For further information regarding the skills please refer [www.lsv.com.au/nippers](http://www.lsv.com.au/nippers)**

**Assessors must be ONE of the following for a minimum of 3 years in order to be able to assess:**

- Age Manager Mentor with a minimum of 3 years' experience
- Age Manager with a minimum of 2 years' experience
- LSV accredited core, technical, senior or performance officials with a minimum of 3 years' experience
- Be proficient in SRC (at minimum) or hold a bronze medallion for a minimum of 3 years, and with a minimum age of 18 years.

**Please Note:**

In instances where evaluations cannot be completed within the club, a **qualified and currently accredited** swim coach **can be endorsed** to sign off the preliminary skills pool assessment.

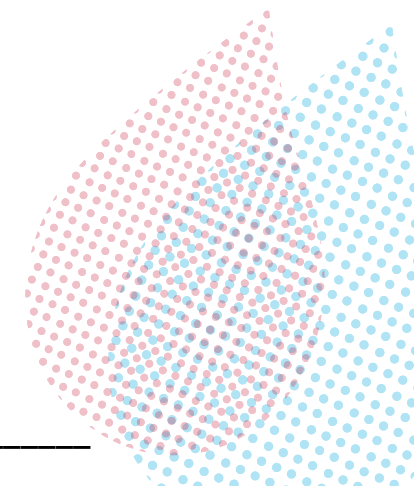
Swimming coaches can assess and are required to provide their **current** Australian Swimming Teachers and Coaches Associate (**ASTCA**) **number**, their name and email address and the name of the children who have successfully completed the swim.

**Requirements of the assessor's responsibilities:**

- Be familiar with the process of reasonable adjustment.
- Complete relevant paperwork accurately and return in a timely manner.
- Delegate names must be minuted at a club management team meeting as required.

**Junior Evaluation Preliminary Assessments return.**

Once completed please return to name: \_\_\_\_\_ Contact \_\_\_\_\_



Child's Name \_\_\_\_\_ From (Club Name) \_\_\_\_\_ Has completed assessment for relevant age .

Name of Assessor: \_\_\_\_\_ Qualification: \_\_\_\_\_

Email: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Stage 3: Junior / Trainee Lifesaver - Pathway to SRC U12, U13 & U14

Age Group	Propulsion Requirement	Floatation Requirement	Submersion Requirement	Competency Achieved
<b>Under 12 (1/10/2012 – 30/09/2013)</b> Depth of safe aquatic environment – over participant head height	Swim on front through water any stroke for 75 meters followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 meters.	Front to back float or back to front float – 5 seconds each side. Tread water and/or sculling for minimum 3 minutes.	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the sand/pool at the bottom of the water with hands.	
<b>Under 13 (1/10/2011 – 30/09/2012)</b> Depth of safe aquatic environment – over participant head height	Swim on front through water any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres.	Front to back float or back to front float – 5 seconds each side. Tread water and/or sculling for minimum 3 minutes.	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the sand/pool at the bottom of the water with hands.	
<b>Under 14 SRC (1/10/2010 – 30/09/2011)</b> Depth of safe aquatic environment – over participant head height	Swim on front through water any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres.	Front to back float or back to front float – 5 seconds each side. Tread water and/or sculling for minimum 3 minutes.	Submerge to perform forward or backward roll/somersault underwater, <b>do not</b> recover to surface, submerge to touch the sand/pool at the bottom of the water with hands.	