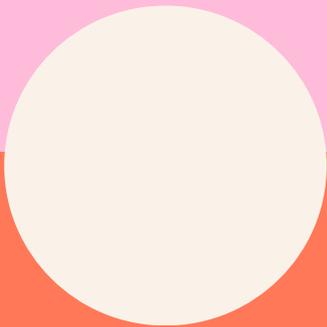


GUNNAMATTA SLSC



GUNNAMATTA SLSC 2024/25 SKILLS MAINTENANCE HANDBOOK



NEW THIS SEASON!

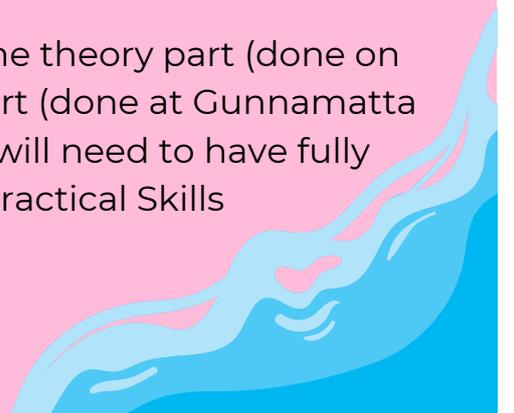
- Mandatory **SLSA Sexual Harrassment and Misconduct training** has been built into the SRC and Bronze Medallion skills maintenance eLearning
- Skills maintenance is processed using the **new Skills Maintenance App** which will be much more efficient and easy to use (no physical cards will be used!)
- **IRB Crew and Driver Skills maintence** includes more extensive eLearning and practical activities this year to upskill current award holders to the **recently released IRB Crew and Driver award curriculum content**.
- **Silver Medallion Patrol Captain (SMPC) award** now has a skill maintenance component.

WHAT IS SKILLS MAINTENANCE?

Each year, we as patrollers are required to requalify (or '**requal**') our skills that we have gathered over the years. That is, you must show that the skills you were taught on Bronze camp or other courses like First Aid for example, are up to scratch for the following season. This may involve demonstrating skills (e.g CPR or basic fitness) depending on the awards you hold, to the assessor's.

The assessor's will give you tips and tricks to improve your skills and sign you off as requalified for your skills. This is not a test set for you to fail, the assessor's are there to advise and help you improve your skills so that you can be deemed competent for the following season.

For most awards, skills maintenance involves an online theory part (done on Member Training From Anywhere) and a practical part (done at Gunnamatta SLSC at one of our Skills Maintenance Sessions). You will need to have fully completed your online theory before attending the practical Skills Maintenance Sessions.



SAVE THE DATE

This year we have 3 requal dates that go from **10am-2pm**

If you are a patrolling member, you **must** attend one of these dates:

- **SATURDAY 23RD NOVEMBER**

- **SUNDAY 24TH NOVEMBER**

- **SATURDAY 30TH NOVEMBER**

Annual Resuscitation (CPR) Course for ART Holders run on the same days (**23rd, 24th & 30th November**) after the Skills Maintenance sessions from **2-5pm**

WHO NEEDS TO REQUAL?

BASED ON WHAT YOU COMPLETED IN THE 2023/24 SEASON:

- **Nippers** — No Requal required
- **2023 Surf Rescue Certificate (SRC) Camp** — Requal required
- **2023 Bronze Camp (Adult Bronze included)** — Requal required
- **All other active members** — Requal required

**** NOTE:** If you are attending the 2024 SRC & Bronze Camp in December 2024 (including Adult Bronze), you **WILL NOT** need to requal

WHAT AWARDS DO I NEED TO REQUAL AND HOW?

AWARD	REQUAL FREQUENCY	eLearning	Practical
Bronze Medallion	Annually - Every 12 months	Yes	Yes
Surf Rescue Certificate (SRC)	Annually - Every 12 months	Yes	Yes
Side by Side Operator Certificate (SSV)	Annually - Every 12 months	No	License
Silver Medallion Patrol Captain (SMPC)	Annually - Every 12 months	Yes	No
Silver Medallion Aquatic Rescue (SMAR)	Annually - Every 12 months	Yes	Yes
Inflatable Rescue Boat Crew (IRBC)	Annually - Every 12 months	Yes	Yes
Inflatable Rescue Boat Driver (IRBD)	Annually - Every 12 months	Yes	Yes + License
Advanced Resuscitation Techniques	Annually - Every 12 months + Annual CPR	Yes	Yes
First Aid (FA)	Full course + Annual CPR	Yes	Yes

ACCREDITED HEALTH UNITS

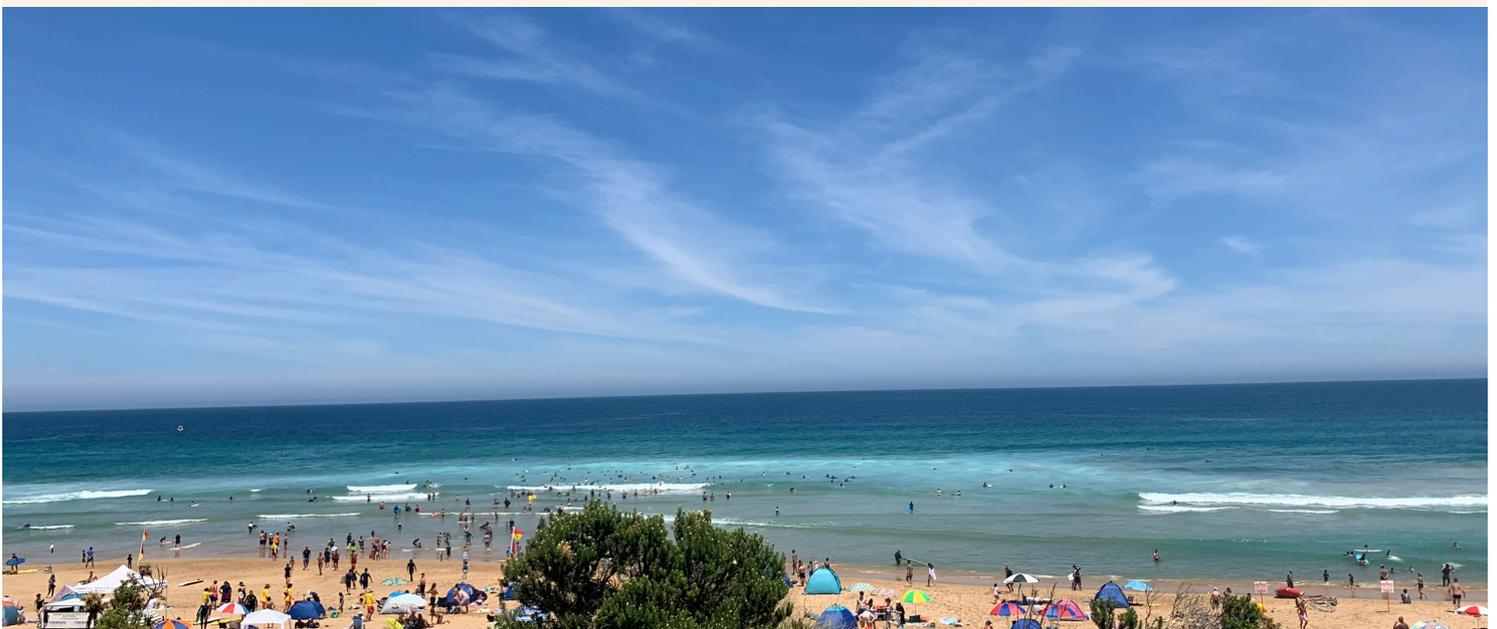
Some lifesaving awards - the emergency care awards - include additional Australian accredited healthcare qualifications (called Units of Competency) and require different processes to maintain proficiency & currency. Some jobs and professions (including paid lifeguarding services) require these units to be up-to-date.

Normal requal sessions at the club **DO NOT** update these units. We run a CPR refresher course after every skills maintenance if you wish to requal your HLTAID009 which you additionally sign up to.

The table below summarises these units, the relevant lifesaving award and the update process required

Unit of Competency	Related LSV AWARD	Qualification Update Process
HLTAID009	Resuscitation (CPR)	Full Course every 12 months (run after skills maintenance)
HLTAID011	First Aid (FA)	Full Course every 3 years + annual HLTAID009
HLTAID015	Advanced Resuscitatio Techniques **	Full Course every 3 years + annual HLTAID009

*** NOTE: To maintain ART Lifesaving Award annual Skills Maintenance must also be completed. (This refreshed using oxygen and Resuscitation equipment)



HOW DO I SIGN UP FOR SKILLS MAINTENANCE?

1. Ensure your member details are correct on both:
 - your SLS Members Area (<https://members.sls.com.au/>) &
 - LSV Member Training Portal (<https://mt.lsv.com.au/>).
2. From the LSV Member Training Portal home page, click on the grey box titled 'Skills Maintenance'. All of all the awards will come up.
3. Click the blue 'Enrol' buttons for each award you need to requalify.
4. Refresh your page, and then click the green 'Launch' button for each relevant award.
5. The e-learning modules will come up. Click launch for each module and complete the e-learning for each award. Click 'Exit' before closing the e-learning window. Repeat this for all modules, and all awards you need to requalify.
6. When you refresh your page after completing the e-learning, the box should say relaunch.
7. Take a screenshot of all your completed awards just in case and ensure it is accessible to present to your instructor on the day of your requal if needed.
8. At the top of your page click the "02 - Book Practical". All available sessions will come up from all clubs.
9. Once arriving at this page, click on one of the blue 'Find a Session' buttons. This will take you to the practical session booking screen.
10. Click the drop down bar that says "filter" to find requal practical sessions that works with you. If you are looking to do out Gunnamatta Courses, filter for Gunnamatta in the Course ID/ Location/ ID box. Make sure to check that the awards you wish to requalify are listed as part of the session you enrol into.
11. Click the blue 'Enrol' button. It will check if you are eligible to enrol. Then click the green 'process to enrollment' Double check your personal information, then click 'Next'.
12. Click your skills to enrol as either Bronze medallion or Surf Rescue Certificate depending on what award you have.
13. Sign your signature digitally using your mouse cursor, then click "Confirm".
14. You have successfully enrolled in the Skills Maintenance course and will receive an email confirmation to your nominated email address.

HOW DO I SIGN UP FOR MY ANNUAL CPR COURSE?

ART HOLDERS ONLY

1. Go to <https://mt.lsv.com.au/> .
 2. Sign in using your SLS Members Area credentials.
 3. From the home dashboard, click the 'Search Courses' button and scroll down.
 4. In the filter options, select
 - Type of Course or Workshop: Resuscitation
 - Course Name/ Location/ ID: Gunnamatta
 5. Click search. There will be 3 Resuscitation courses at Gunnamatta SLSC running after requal sessions
 - 23rd November (2-5pm)
 - 24th November (2-5pm)
 - 30th November (2-5pm)
 6. Select your desired date and click the blue 'Enrol' button. A prerequisite warning will come up. If you have satisfied all the pre-requisites then it will say "You are eligible to enrol into this course" down the bottom. Click proceed to enrollment.
 7. Double-check your basic personal information, then click "Next".
 8. Double-check your background information, then click "Next".
 9. Carefully read and click the confirmation checkboxes.
 10. Sign your signature digitally using your mouse cursor, then click "Confirm".
 11. You have successfully enrolled in the course and will receive an email confirmation to your nominated email address.
 12. Complete your CPR E-Learning Modules
NOTE: These modules are compulsory; failure to complete these modules by the session start date will result in you being unable to process your ART Requal. You will have to attend another requal & CPR session over summer instead once your modules have been completed.
- To do this:
- Go to <https://mt.lsv.com.au/> .
 - Sign in using your SLS Members Area credentials.
 - From the home dashboard, click on the grey box, "View Enrolled Courses".
 - Navigate until you can find the course titled 'Resuscitation'.
 - Click the blue "Launch" box to open the e-learning. You may be required to open the modules in another window.
13. Work through each of the modules. New modules will become available when you successfully complete the prior module's assessment.
IMPORTANT: Make sure you ALWAYS click "Save & Exit" when you want to take a break from your e-learning!
 14. Once you have completed all the e-learning modules, you will be presented with a 'Congratulations' screen. Ensure you click "Save & Exit"; then you will have completed your e-learning components and are ready to!
 15. Please take a screenshot of the 'Congratulations' Screen to provide proof of completion in the unlikely case of an IT fault prior to the session.

WHAT IF I CANT ATTEND THOSE DATES?

If you cannot attend any of Gunnamatta's Skills Maintenance sessions, you will be required to undertake your requal at a different club prior to the 31st December if you wish to remain an active member.

To find out what dates other clubs are running their Requal, go to Member Training From Anywhere —> <https://mt.lsv.com.au>

WHAT TO BRING

- Dry gear
- Wet gear (including bathers, wetsuits ect)
- Pink rashvest
- Boat License (IRB Driver)
- Drivers License (SSV award holders)

IMPORTANT INFO

- You will be getting in the water so please plan accordingly. Any issues with this please contact us.
- Please arrive 5 minutes early to be able to sign in on the iPad. Late persons will be turned away
- If you do not requal your awards you strictly will not be able to patrol

You must complete your eLearning BEFORE the practical session!

Failure to do so will mean you are turned away on the practical requal day

WHEN IN DOUBT...

Ask your Chiefs



training@gunnamattaslsc.com.au



Zoe: 0415785888

Gemma: 0491126860



see you there!