

# The GunnShot #65

## Season's end edition



27 April 2023

From: David Stogdale – President of Gunnamatta SLSC

This week's GunnShot has:

1. Thanks for the patrolling effort this season
2. Save the Date – 24<sup>th</sup> June for AGM and Presentation night
3. End of season clean up - 21<sup>st</sup> May
4. Mornington Peninsula Fun Run this Sunday, 30<sup>th</sup> April – Gunnamatta team
5. Member Recognition - Nominate your fellow Club Members for Club awards
6. LSV Awards of Excellence - Nominations open
7. Winter Training courses -go to MT from Anywhere
8. Public Safety Aquatic Rescue (PSAR 35) - Review your rescue text book

### **Thanks to all patrollers for a terrific season at Gunnamatta Ocean Beach**

Patrols have now ended for this season. The Young Gunns ended the season's patrols on ANZAC Day, lifting the flags from the sand for the last time after a long and at times difficult patrolling effort.

Thanks to all of our patrollers, young and not so young.

Any volunteer organisation is tested from time to time and this season demonstrated that our members have the skill and commitment to deliver outstanding surf lifesaving skills and diligence at our beach.

This was of course put to the test on 6<sup>th</sup> January, when nearly twenty members worked hard and successfully rescued two members of the public in difficult conditions, after hours.

The entire team has been nominated for recognition of their efforts. Regardless of any award, we as members are justly proud of the efforts on the day, that night and subsequent days as the search for the missing person continued.

In an overall sense, please accept my thanks to all of our patrollers and the mighty team of families that support our patrollers.

**David Stogdale**

President

### **SAVE THE DATE – 24<sup>th</sup> June for AGM and Presentation Night**

Details are being finalised, but we will have the AGM and Presentation night on 24<sup>th</sup> June at a location near the club, but not at the Club.

### **End of Season clean up / working bee – Sunday 21<sup>st</sup> May.**

Details to be advised, but please put in your diary this date for our end of season clean up.

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## Mornington Peninsula Running Festival – Gunnamatta SLSC team 30<sup>th</sup> April. THIS SUNDAY

If you are intending to participate, please contact Gemma Cox ASAP.

The Mornington Peninsula Running Festival is being held on **Sunday 30th April** and with a few of our members already interested we're planning on entering a Gunnamatta team (extended to friends and family also)! If you are not already in our private Gunn event for the run/walk feel free to message Gemma Cox we will add you.

[gemma.cox02@outlook.com](mailto:gemma.cox02@outlook.com)

There's something for everyone with a variety of distances to run or walk

- 1km kids dash (under 10 only)
- 5km run/walk
- 10km run/walk (8 years or older)
- 21.1km Half Marathon (16 yrs or older)

What to expect?

The event hosts scenic course, live music, electronic timing, pre run warm up. All finishers get a free medal & donut. Top 800 finishers get a beer too.

We will have a Gunnamatta marquee up on race day for everyone to be together. We are also looking into getting some Gunnamatta tops for our athletes and an end of run + end of patrolling season BBQ in the afternoon.

If you're interested in running or walking in this event sign up on the website (link attached below) and enter the code 'GSLSC' at checkout (I have a code option) which will put you in our team and gives you 10% off! <https://www.morningtonrunningfestival.com/>



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## Gunnamatta SLSC - Member recognition

### Why not nominate one of your fellow members for a Club award

This is your opportunity to nominate a fellow member for a Club award.

The Club Committee has endorsed a member recognition process to allow all members to nominate others for awards within the Club. To allow you to nominate Members who you consider to be deserving of an award, please use the forms we have constructed for this purpose. We have prepared forms for the following awards:

Patrol member award: <https://forms.gle/tzijWpQSLoHOcM6dA>

Best Non active Member: <https://forms.gle/xoS2Y75NxZB1j3zp7>

Red Pepper improver: <https://forms.gle/GAMPSQm4u8XAENGK7>

Best Junior patroller: <https://forms.gle/Me3tACqMDGn5HYTq8>

Best Senior Patroller: <https://forms.gle/FeMHMYZxQbJmNfWAA>

Best Junior Club Member: <https://forms.gle/Wi1VNLTGV7wsV4LP6>

Best Senior Club Member: <https://forms.gle/Ckj6kArjPhXwu4vq7>

There are other awards within the club, perhaps the most important of these is the President's award. This is issued at the discretion of the President for recognition of a member, or not, for service or actions that are not otherwise to be considered in the awards that we already have. It may be that you consider a person should be recognised for an outstanding effort or some other basis.

Please feel free to send me a note with the nomination you would like to make. My email is [president@gunnamattaslsc.com.au](mailto:president@gunnamattaslsc.com.au)

### LSV Awards of Excellence – Nominations open

The LSV Awards of Excellence are also open. The LSV Honours & Awards Committee (HaAC) manages the nomination and selection process for major awards each year. I am on the HaAC and take pride in the preparation of the awards event in August each year.

There are many awards up for grabs. To see what is available and make a nomination for someone in our Club please go to the Member recognition manual and have a look.

Go to: <https://lsv.com.au/wp-content/uploads/Circular-300.03.23-AOE-Nominations-Open.pdf>

This is a great way to recognise the service and achievements of our members.

The Awards of Excellence evening on 12<sup>th</sup> August at the Sofitel will be a grand affair with about 500 in attendance from LSV Clubs and affiliate organisations.

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### New Training courses at LSV and other Clubs.

Each week we will continue to highlight the many courses that are on the agenda from LSV (at State Centre – Port Melbourne) and at other Clubs. All of these courses are on the Member Training from Anywhere portal

***Our Club goal is to have over 50% of our patrollers holding current First Aid and Advanced Resus qualifications before the start of next season.***

Date	Location	Course
29 April 2023	LSV State Centre	ART & First Aid – ARTFA
6 <sup>th</sup> May 2023 <b>THIS IS NOW FULL!</b>	<b>Gunnamatta SLSC</b>	<b>Side by Side veh operator (upgrade and for new holders)</b>
6 May 2023	LSV State Centre	ART & First Aid – ARTFA
03 June 2023	LSV State Centre	ART & First Aid - ARTFA
17 & 18 June 2023	Frankston LSC	Training Officers Certificate
17 June 2023	LSV State Centre	ART & First Aid - ARTFA
26-27 June 2023 (Monday and Tuesday)	Fairhaven SLSC	Training Officers Certificate

All of these courses are open now. If you wish to attend one of the Training Officer courses please give me a call and we can discuss. The Club will run SSV courses at the end of the season for those that need to upskill to the new qualification. SRC's are eligible to attend ART/FA courses. NON patrolling Members (Nipper parents) may also attend these courses.

In order to check your qualifications, go to your individual member account inside the SLSA Members portal and search your qualifications. It will show you your current qualifications and your last proficiency date.

While you are there, check that your Skills Maintenance has been updated. Your proficiency and expiry for Bronze Medallion should be there. If it looks as though it has not been updated, please let us know via email: [training@gunnamattaslsc.com.au](mailto:training@gunnamattaslsc.com.au)

**We will update the schedule of courses as they are added to the LSV listing.**

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### **PSAR 35 – available on line**

The Surf Lifesaving Text book, the Public Safety Aquatic Rescue handbook (PSAR) is now largely available for you to view at your convenience.

Click on the links and have a read.

#### Chapter 3 – Radio Operations

[https://drive.google.com/file/d/1\\_H6hXQATBldTgujxEBarT4Mgb182UIW1/view?usp=sharing](https://drive.google.com/file/d/1_H6hXQATBldTgujxEBarT4Mgb182UIW1/view?usp=sharing)

#### Chapter 10 – Patrol Operations

<https://drive.google.com/file/d/10bem5sUESR3sP6HwfdnUllsHATK-Wa7j/view?usp=sharing>

#### Chapter 2 – Safety & Wellbeing

[https://drive.google.com/file/d/1MjTKOcYg3txcavLDyij\\_zbt\\_n4c-CoPQ/view?usp=share\\_link](https://drive.google.com/file/d/1MjTKOcYg3txcavLDyij_zbt_n4c-CoPQ/view?usp=share_link)

#### Chapter 9 – Spinal Management

[https://drive.google.com/file/d/19sL-RTe1-D5Vk06PvhnR8pzMleknXe6/view?usp=share\\_link](https://drive.google.com/file/d/19sL-RTe1-D5Vk06PvhnR8pzMleknXe6/view?usp=share_link)

#### Chapter 7 - Emergency Care

[https://drive.google.com/file/d/1sDdu2KuF4BAghCxWwwqi\\_EaaU3kXdWNI/view?usp=share\\_link](https://drive.google.com/file/d/1sDdu2KuF4BAghCxWwwqi_EaaU3kXdWNI/view?usp=share_link)

#### Chapter 6 – Resuscitation

[https://drive.google.com/file/d/1A1FpTEzVKE1SipAnvwT8DEBK5wors51P/view?usp=share\\_link](https://drive.google.com/file/d/1A1FpTEzVKE1SipAnvwT8DEBK5wors51P/view?usp=share_link)

#### Chapter 5 - Rescue

[https://drive.google.com/file/d/1i\\_meoKnTwLRCvfJD82ErNN0fA0SjA6uY/view?usp=sharing](https://drive.google.com/file/d/1i_meoKnTwLRCvfJD82ErNN0fA0SjA6uY/view?usp=sharing)

#### Chapter 4 - Surf Awareness

[https://drive.google.com/file/d/1j04ec1zE2V806V\\_6XiSmJ-o9twULoSiz/view?usp=share\\_link](https://drive.google.com/file/d/1j04ec1zE2V806V_6XiSmJ-o9twULoSiz/view?usp=share_link)

These chapters are provided so that patrollers can remind themselves of the key features of the technical aspects that are tested when the LSV assessors attend for a patrol check.

*See you soon,*

**David Stogdale**  
**President**

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