

Please be aware of the following junior preliminary skills evaluation are effective from 1st June 2023

For further information regarding the skills please refer www.lsv.com.au/nippers

Assessors must be ONE of the following for a minimum of 3 years in order to be able to assess:

- Age Manager Mentor with a minimum of 3 years' experience
- Age Manager with a minimum of 2 years' experience
- LSV accredited core, technical, senior or performance officials with a minimum of 3 years' experience
- Be proficient in SRC (at minimum) or hold a bronze medallion for a minimum of 3 years, and with a minimum age of 18 years.

Please Note:

In instances where evaluations cannot be completed within the club, a **qualified and currently accredited** swim coach **can be endorsed** to sign off the preliminary skills pool assessment.

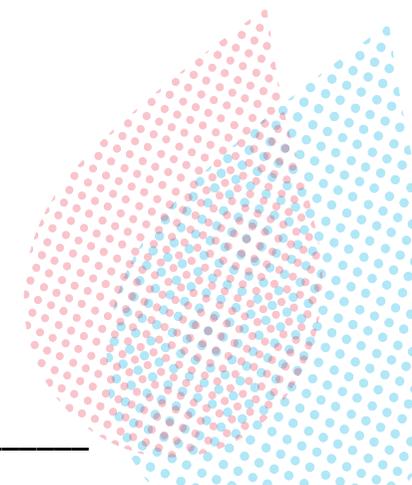
Swimming coaches can assess and are required to provide their **current** Australian Swimming Teachers and Coaches Associate (**ASTCA**) number, their name and email address and the name of the children who have successfully completed the swim.

Requirements of the assessor's responsibilities:

- Be familiar with the process of reasonable adjustment.
- Complete relevant paperwork accurately and return in a timely manner.
- Delegate names must be minuted at a club management team meeting as required.

2023 -24 Junior Evaluation Preliminary Assessments return.

Once completed please return to name: _____ Contact _____



Child's Name _____ From (Club Name) _____ Has completed assessment for relevant age .

Name of Assessor: _____ Qualification: _____

Email: _____ Signature: _____ Date: _____

Stage 3: Junior / Trainee Lifesaver - Pathway to SRC U12, U13 & U14

Age Group	Propulsion Requirement	Floatation Requirement	Submersion Requirement	Competency Achieved
Under 12 (1/10/2010 – 30/09/2011) Depth of safe aquatic environment – over participant head height	Swim on front through water any stroke for 75 meters followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 meters.	Front to back float or back to front float – 5 seconds each side. Tread water and/or sculling for minimum 3 minutes.	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the sand/pool at the bottom of the water with hands.	
Under 13 (1/10/2009 – 30/09/2010) Depth of safe aquatic environment – over participant head height	Swim on front through water any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres.	Front to back float or back to front float – 5 seconds each side. Tread water and/or sculling for minimum 3 minutes.	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the sand/pool at the bottom of the water with hands.	
Under 14 SRC (1/10/2008 – 30/09/2009) Depth of safe aquatic environment – over participant head height	Swim on front through water any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres.	Front to back float or back to front float – 5 seconds each side. Tread water and/or sculling for minimum 3 minutes.	Submerge to perform forward or backward roll/somersault underwater, do not recover to surface, submerge to touch the sand/pool at the bottom of the water with hands.	