



30 March 2023

From: David Stogdale - President of Gunnamatta SLSC

This week's GunnShot has:

- 1. Patrols this weekend
- 2. Bowls night at Sorrento this Saturday evening
- 3. Car park works...yes still going
- 4. Looking for a new Club Membership Registrar
- 5. Mornington Peninsula Fun Run 30th April Gunnamatta team
- 6. SOP 1.07 Beach Closure procedures
- 7. New Training courses on MT from Anywhere
- 8. Public Safety Aquatic Rescue; Ch 2 Safety and Wellbeing
- 9. Patrol times reminder
- 10. Club Calendar use the link to view it in real time.

Patrols this weekend - Saturday 1st April & Sunday 2nd April

Saturday 1st April – Megasaurs; Arrive 12.30pm for 1pm start. Patrol ends 4.30pm.

Sunday 2nd April – Baywatch; Arrive 9.30am for 10am start. Patrol ends 4.30pm

REMEMBER THAT DAYLIGHT SAVING ENDS THIS SUNDAY MORNING

Lawn bowls social event this Saturday at Sorrento from 5.30pm

ITS ALMOST END OF THE SEASON!!

By this weekend we shall be into our last few weeks of patrols.

We start the wind down by having lawn bowls at Sorrento Bowls - a great location and delightful atmosphere. Details:

- Saturday 1st April
- Starting at 5.30pm
- Sorrento Bowling Club, enter off Hotham Road (Football ground access gate and then follow to the Bowling Club – lots of parking
- Barefoot bowls
- No cover charges.

Have a night of fun and laughter and reminisce on what a great season we've had! Join in and have a few games/competitions in lawn bowls.



- Bowling club bar will be open supplying a host of beverages.
- Lots of hot and cold nibbles on us.





Car Park works continue

The works at the main car park appear to be still going on.

There is now a second gate that accesses the main car park. It has a combination lock on it. The Combination is the same as the other temporary lock at the Club car park.

If you are going to arrive early for patrol or indeed need to access the area for any other reason please ensure that you have the combination details. All patrol leaders have this information.

As previously advised, we anticipate that the public will be parking in the first car park where there will be signage directing the public to the main beach patrol area.

Members who park inside the Club car park, should use the areas near the rubbish bin and also only the area on the side close to the Toilet block in the main club car park area.

Please avoid parking anywhere near the plant and equipment that will be parked inside the Club car park.

These works have taken years to arrange and it is a material benefit for the Club to have this work done. Therefore, we are pleased to provide space for the plant and equipment to be parked when not being used by the contractor.

While these works do create a bit of inconvenience, we are pleased that Parks Victoria has been able to arrange these works. It should provide a much better overall visitor experience.

Looking for a new Club Membership Registrar

The Club is looking to have a member join our team to support the administration of membership registration and renewals.

The role is one that is primarily a short term (but concentrated) role that manages the renewals of membership - via the SLSA Member area portal and cross references to the SLSA Membership system, called Surfguard.

We are seeking expressions of interest from individuals who may be able to provide us with the support required here in order to be prepared for next season's membership renewal process that will commence in August / September.

The role is one that is important. The role is not an elected Committee position, but the Registrar will usually attend some of the Committee meetings in the period towards the end the calendar year and perhaps in January once renewals and new memberships are finalised.

For more information, please contact Club Secretary, Barry Williams via email on <u>secretary@gunnamattaslsc.com.au</u>

The GunnShot #61





Mornington Peninsula Running Festival – Gunnamatta SLSC team

The Mornington Peninsula Running Festival is being held on Sunday 30th April and with a few of our members already interested we're planning on entering a Gunnamatta team (extended to friends and family also)!

If you are not already in our private Gunn event for the run/walk feel free to message Gemma Cox and we will add you

There's something for everyone with a variety of distances to run or walk

- 1km kids dash (under 10 only)
- 5km run/walk
- 10km run/walk (8 years or older)

- 21.1km Half Marathon (16 yrs or older)

What to expect?

The event hosts scenic course, live music, electronic timing, pre run warm up. All finishers get a free medal & donut. Top 800 finishers get a beer too.

We will have a Gunnamatta marquee up on race day for everyone to be together. We are also looking into getting some Gunnamatta tops for our athletes and an end of run + end of patrolling season BBQ in the afternoon.

Entries are selling our fast! So we hope to enter our team ASAP. If you're interested in running or



walking in this event sign up on the website (link attached below) and enter the code 'GSLSC' at checkout (I have a code option) which will put you in our team and gives you 10% off! https://endurancecui.active.com/.../81231232/select-race...

Please also fill out the google form below to give us an idea of numbers etc and feel free to send it to your family and friends.

https://docs.google.com/document/d/1ax-Kvg0VwF8hnn54HI0kQ_QjThDETVFgtdC9gsDL6O8/edit?fbclid=IwAR0CCq8iQ3r9iw5EIJ9UK52_7Rk_bBh-EZx4eVHqf_EUn-BN7PYvqacqvbQ

https://instagram.com/gunnamattaslsc_?igshid=MjkzY2Y1YTY=





Reminder to claim expenses

As we move closer to the end of the financial year for the Club (end of April for us), there are many members that have paid for expenses but not claimed them back from the Club.

Claiming expenses is very important as it provides the Club with a far better picture of the real costs of running the various activities during the season. Send expense receipts to <u>treasurer@gunnamattaslsc.com.au</u>

Some members claim the expenses they have incurred and then when reimbursed, make a donation (tax deductible) to the Club. This is an effective way to ensure that your generosity is at least partially offset. The Club will provide donation receipts to all donations made.

Beach Closure procedures – SOP 1.07

A beach closure should be implemented when heightened danger to the swimming public exists, e.g. shark sighting, pollution event, electrical storm or dangerous surf conditions.

A pollution event includes poor water quality as advised by the Environmental Protection Agency (EPA) or as determined by the Patrol Captain should the conditions be obviously and visibly polluted. The beach should be closed when the Patrol Captain is not comfortably satisfied that they are able to ensure the safety of the public or lifesavers when they enter the water.

Minimum equipment on a closed beach shall be:

- 1 rescue tube with fins and / or rescue board 1 Swimming not advised warning sign
- 2 patrolling members
- Flags to be removed To be available on the beach within two minutes:
- 1 rescue board
- 1 rescue tube and swim fins
- 1 operational inflatable rescue boat (IRB)

At least two of the patrol members must be allocated to observe the beach, warn swimmers that they should not enter the water and to be ready in the case of an emergency during patrol hours.

Members are not required to be physically on the beach whilst undertaking these observations but should under the direction of the Patrol Captain identify an appropriate location to observe the water. This will be dependent on number of beach goers, weather and other factors. LSV Comms must be notified of a beach closure and the reason.

Minimum patrol strength as defined in SOP 1.1 Volunteer Patrol Roles and responsibilities must be observed. Should large numbers of the public insist on swimming when a beach is closed, a patrol captain should give serious consideration to re-opening the beach in the safest area possible depending on the reason for closure and level of risk.





New Training courses at LSV and other Clubs.

Each week we will continue to highlight eh many courses that are on the agenda from LSV (at State Centre – Port Melbourne) and at other Clubs. All of these courses are on the Member Training from Anywhere portal

<u>Our Club goal is to have over 50% of our patrollers holding current First</u> <u>Aid and Advanced Resus qualifications before the start of next season.</u>

Date	Location	Course
15 April 2023	LSV State Centre	ART & First Aid – ARTFA
13, 15, 22,23 April 2023	Elwood LSC	Silver Medallion IRB Driver
13,16,22,23 April 2023	Elwood LSC	IRB Crew
22-23 April 2023	LSV State Centre	Training Officer Certificate
6 th May 2023 Note changed date	Gunnamatta SLSC	Side by Side veh operator (upgrade and for new holders)
06 May 2023	LSV State Centre	ART & First Aid – ARTFA
13-14 May 2023	LSV State Centre	Training Officers Certificate
20 May 2023	LSV State Centre	ART & First Aid - ARTFA
03 June 2023	LSV State Centre	ART & First Aid - ARTFA
17 June 2023	LSV State Centre	ART & First Aid - ARTFA
17-18 June 2023	Club Location TBA	Training Officers Certificate
26-27 June 2023	LSV State Centre	Training Officers Certificate (Monday & Tuesday)

All of these courses are open now. If you wish to attend one of the Training Officer courses please give me a call and we can discuss. The Club will run SSV courses at the end of the season for those that need to upskill to the new qualification. SRC's are eligible to attend ART/FA courses. NON patrolling Members (Nipper parents) may also attend these courses.

In order to check your qualifications, go to your individual member account inside the SLSA Members portal and search your qualifications. It will show you your current qualifications and your last proficiency date.

While you are there, check that your Skills Maintenance has been updated. Your proficiency and expiry for Bronze Medallion should be there. If it looks as though it has not been updated, please let us know via email: training@gunnamattaslsc.com.au





Public Safety Aquatic Rescue Chapters – this week Ch 2, Safety and Wellbeing

Chapter 2 - Safety & Wellbeing

https://drive.google.com/file/d/1MjTKOcYg3txcavLDyij_zbt_n4c-CoPQ/view?usp=share_link

Chapter 9 – Spinal Management

https://drive.google.com/file/d/19sL-RTe1-D5Vk06PvhnR8pzxMleknXe6/view?usp=share_link

Chapter 7 - Emergency Care

https://drive.google.com/file/d/1sDdu2KuF4BAghCxWwwqi_EaaU3kXdWNI/view?usp=share_link

Chapter 6 – Resuscitation

https://drive.google.com/file/d/1A1FpTEzVKE1SipAnvwT8DEBK5wors51P/view?usp=share_link

Chapter 5 - Rescue

https://drive.google.com/file/d/1i_meoKnTwLRCvfJD82ErNN0fA0SjA6uY/view?usp=sharing

Chapter 4 - Surf Awareness

https://drive.google.com/file/d/1j04ec1zE2V806V_6XiSmJ-o9twULoSiz/view?usp=share_link

Look each week to see a new chapter.

These chapters are provided so that patrollers can remind themselves of the key features of the technical aspects that are tested when the LSV assessors attend for a patrol check.

Each week we will provide another chapter to assist all when it comes time for a patrol check.





Patrol times Reminder:

Post peak season dates: 27th of February- 25th of April.

Saturday post season 1:00pm flags up - 4:30 flags down

Sunday (and public holidays) post season 10:00am flags up - 4:30 flags down

Always aim to be there at least half an hour (30 minutes) before flags up to set up for patrol.

Club Calendar – go to the soft copy for ALL the information.

Go to this link:

https://docs.google.com/spreadsheets/d/1D2M73ZDfHvZZ_CjGRYYKk1E5c68Ho0PFpnMP60QTboQ/edit?usp=sharing

See All the patrol lists, Nipper dates, Training Schedule, Social Calendar, Sport team dates and of course the whole season dates. This is in a spreadsheet format and will be updated as needs be. We will advise of updates, but you should copy the link into your device and keep it handy.

To see the hard copy of the Club Calendar – go to the face book page or Team App.



See you soon,

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